

Summer menu – 2022

Tea/Coffee Freshly brewed coffee – single origin, roasted & blended by Crude	£3.00 4kcal
Tea/Coffee/biscuit	£3.75 75kcal
Folkington's Juice Orange/Apple/Pear	£3.50
Jugs of Orange Juice/Apple Juice (6 glasses per jug)	£4.50 110kcal
Cans of Water 250ml	£1.75
Still/Sparkling Water (1Ltr)	£2.45
Croissant/Pain au chocolate (V, G, Eg, M, So)	£2.20 252/377kcal
Vegan Croissant (Ve, G)	£2.60 325kcal

Sandwiches/Wraps/Baguettes

Egg and Cress Sandwich on Malted Grain	£4.95
Classic BLT on White	£5.50
Tuna and Sweetcorn	£5.00
Smoked Salmon Bagel with Cream cheese	£5.75
Gluten Free, cheddar ploughman's	£5.95
Gluten Free chicken salad on white	£5.95
Pulled BBQ Wrap	£6.95
Chicken Salad Baguette, malted grain baguette	£6.95
Brie, cranberry, rocket on white baguette	£6.95
Vegan wrap, spicy bean, salsa, cucumber, leaves	£6.95
Vegan roasted red pepper, harissa mayo, avocado spinach	£6.95

Salads

Chicken & bacon salad (M, Eg, So, G)	£7.25
Tuna nicoise salad (F, Mu, Eg, Su, F)	£7.25
Mezze salad (Ve, Se, G)	£7.25

NEU Menu

Allergens: G-Gluten, M-Milk & Milk Products, Su-Sulphides, Mu-Mustard, Ce-Celery, Cr-Crustaceans, F-Fish, Eg- Eggs, Lu-Lupin, Mo- Mollusc, Nu-Nuts, Pe-Peanuts, Se-Sesame, So- Soya

Please be aware that our recipes can be subject to change at short notice due to unforeseen circumstances such as supplier issues or product specification changes, this could change the allergens listed for any or all dishes. If you have a food allergy or special dietary requirement please inform a member of our catering team. Please be aware that fish dish may contain bones.

Snacks/Sweet Treats

Variety of Crisps (V or Ve, G, M)	£1.50
Cookies individual wrapped (V, G, Eg, M, So)	£2.00
Piece of fruit	£1.00
Bakewell tart (individual)	£2.7
Box of Cupcakes (6 per box) (G,M,NU)	£21.50

Tanpopo Sushi

Red Hot Salmon (1 per portion)	£4.75
Katsu Chicken Rolls	£13.65
Black rice and vegan Tofu	£5.75
Tuna and salmon sashimi	£13.15

(Sharing sushi platters also available)

Hot Pies

Chicken and Mushroom Pie (G, M)	£5.75
Steak and Ale Pie (G, F, M, So)	£5.75
Vegan squash and Coconut Pie (Ve, G, So)	£5.75

Adults need around 2,000 kcal a day
Calorie labelling law applies to non-prepacked food

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